

Eigenvalues and Eigenvectors of Angular Momentum.

Since L_x don't commute with each other, we can't diagonalize all of them at once. What is the maximal set of operators that can be diagonalized?

Answer: $(L_i, \vec{L}^2)$ where i can be chosen to be x, y , or z .

Check: $[L_i, L_x^2 + L_y^2 + L_z^2] = 0$.

Let's denote eigenvector as $|\alpha, \beta\rangle$

with $L^2 |\alpha, \beta\rangle = \alpha |\alpha, \beta\rangle \quad [\Rightarrow \alpha > 0]$

$L_z |\alpha, \beta\rangle = \beta |\alpha, \beta\rangle$.

Define raising and lowering operators (analogous of ladder operators $a^\dagger, a$ in harmonic oscillator).

$$L_{\pm} = L_x \pm i L_y$$

Check: $[L_z, L_{\pm}] = \pm L_{\pm}$,

and $[L^2, L_{\pm}] = 0$.

Why are these called lowering/raising operators?

$$\begin{aligned}
 & L_z \quad L_+ |\alpha, \beta\rangle \\
 = & [L_+ + L + L_z] |\alpha, \beta\rangle \\
 = & L_+ |\alpha, \beta\rangle + \beta L_+ |\alpha, \beta\rangle \\
 = & (1 + \beta) |\alpha, \beta\rangle
 \end{aligned}$$

$\Rightarrow$ L_+ raises the L_z eigenvalue by 1. Similarly, $L_z L_- |\alpha, \beta\rangle = (\beta - 1) |\alpha, \beta\rangle$

Since $[L_+, L^2] = 0$, L_+ does not change L^2 eigenvalue: $L^2 L_+ |\alpha, \beta\rangle = \alpha |\alpha, \beta\rangle$.

Since $L^2 - L_z^2 = L_x^2 + L_y^2$ is a positive definite operator $\Rightarrow \alpha \geq \beta^2$.

$\Rightarrow$ L_+ cannot keep raising L_z eigenvalue indefinitely. There must exist a state $|\alpha, \beta_{\max}\rangle$ so that $L_+ |\alpha, \beta_{\max}\rangle = 0$.

$$\Rightarrow L_- L_+ |\alpha, \beta_{\max}\rangle = 0$$

$$\begin{aligned} \text{But } L_- L_+ &= (L_x - iL_y)(L_x + iL_y) \\ &= L_x^2 + L_y^2 - L_z = \hbar^2 - L_z^2 - \hbar z \end{aligned}$$

$$\Rightarrow \alpha - \beta_{\max}^2 - \beta_{\max} = 0$$

$$\Rightarrow \alpha = \beta_{\max}(\beta_{\max} + 1).$$

Similarly, L_- cannot indefinitely lower L_z eigenvalue due to the bound $\alpha \geq \beta^2$.

There must exist a state $|\alpha, \beta_{\min}\rangle$

so that $L_- |\alpha, \beta_{\min}\rangle = 0$. (Using

similar steps as above, $\alpha = \beta_{\min}(\beta_{\min} - 1)$).

Comparing the two expressions for

$$\alpha = \beta_{\max}(\beta_{\max} + 1) = \beta_{\min}(\beta_{\min} - 1)$$

$\Rightarrow \beta_{\min} = -\beta_{\max}$ (the other possible soln. is not real).

The only constraint on $\beta_{\min}$ and $\beta_{\max}$ is that $\beta_{\max} - \beta_{\min} = 2\beta_{\max}$ is an integer.

$$\Rightarrow \beta_{\max} = \frac{\text{integer}}{2} = j \quad \text{with}$$

$$j = 0, \frac{1}{2}, 1, \frac{3}{2} \text{ etc.}$$

$$\Rightarrow \alpha = \beta_{\max} (1 + \beta_{\max})$$

$$= j(j+1)$$

$$= 0, \frac{3}{4}, 2, \text{ etc.}$$

From now on, let's denote β as m
 $= j, j-1, j-2, \dots, -j+1, -j.$

Thus, altogether, for a fixed j (i.e. fixed $\beta_{\max}$), the Hilbert space has $2j+1$ orthonormal states $|j, m\rangle$ each of which correspond to a distinct $m = \text{eigenvalue of } L_z$.

$$L^2 |j, m\rangle = j(j+1) |j, m\rangle$$

$$L_z |j, m\rangle = m |j, m\rangle.$$

As we will soon see,
when $j = \text{integer}$, L_x are standard
angular momentum operators since

L_z eigenvalues are integers, and
therefore $\langle \theta, \phi | j, m \rangle = e^{im\phi} f(\theta)$ is
single-valued (i.e. $e^{im\phi} = e^{im(\phi+2\pi)}$)

However, when $j = \frac{1}{2}, \frac{3}{2}, \frac{5}{2}, \dots$

i.e. half-odd-integer, then L_x

cannot be interpreted as a

standard angular momentum operator

Since $e^{im\phi}$ is not single-valued

The only way to make sense of this
case is to work with multi-component
wavefn eg. $\psi = \begin{bmatrix} \psi_1 \\ \psi_2 \end{bmatrix}$. we will return
to this later.

Block-diagonal structure of $\vec{J}$

Above we determined $\langle j, m | L_z | j', m' \rangle$
and $\langle j, m | L^2 | j', m' \rangle$. Let's now also
determine $\langle j, m | L_x | j', m' \rangle$ and $\langle j, m | L_y | j', m' \rangle$

Based on above discussion,

$$L_{\pm} | j, m \rangle = C_{\pm}(j, m) | j, m \pm 1 \rangle$$

$$\Rightarrow \langle j', m' | L_x | j, m \rangle = f_x(j, m) \delta_{j'j}$$

Similarly for L_y .

$$\Rightarrow L_{x,y} = \left[\begin{array}{c|c|c|c} \boxed{1 \times 1} & & & \\ \hline & \boxed{2 \times 2} & & \\ \hline & & \boxed{3 \times 3} & \\ \hline & & & \boxed{4 \times 4} \\ \hline & & & \end{array} \right] \begin{array}{l} j=0 \\ j=1/2 \\ j=1 \\ j=3/2 \\ \text{etc.} \end{array}$$

Block-diagonal structure.

The commutation relations $[L_\alpha, L_\beta] = i \epsilon_{\alpha\beta\gamma} L_\gamma$ are satisfied by each block separately.

i.e. $[L_\alpha^{(j)}, L_\beta^{(j')}] = i \epsilon_{\alpha\beta\gamma} \delta_{jj'} L_\gamma^{(j)}$

“Physical meaning” of different blocks:

They correspond to different irreducible representations of angular momentum.

Vector operators act like J_+, J_- :

Consider a vector operator $\vec{V}$ i.e. an operator that satisfies $[\hat{V}_i, \hat{J}_j] = i \epsilon_{ijk} \hat{V}_k$

$$\Rightarrow [V_x, J_z] = -i V_y, [V_y, J_z] = i V_x$$

$$\Rightarrow [V_x + i V_y, J_z] = -(V_x + i V_y)$$

$$\Rightarrow [J_z, V_+] = V_+, [J_z, V_-] = -V_-$$

Consider the state $V_+ |j, m\rangle$

$$J_z V_+ |j, m\rangle = (V_+ + V_+ J_z) |j, m\rangle$$

$$= (m+1) (V_+ |j, m\rangle) \Rightarrow V_+ \text{ acts like } J_+$$

J_+ , similarly V_- acts like J_- .

Explicit form of J_i matrices of various j

From now on, let's denote L_i as J_i , as is more conventional (L_i typically refers to $j = \text{integer}$, while J_i refers to both $j = \text{integer}$ and $j = \frac{1}{2} \times \text{odd integer}$).

To figure out the matrices corresponding to J_i , we need the matrix elements $\langle j, m' | J_i | j, m \rangle$ for a fixed j . To do so, we first need the numbers C_+ , C_- in

$$J_{\pm} |j, m\rangle = C_{\pm}(j, m) |j, m \pm 1\rangle$$

To obtain $C_{\pm}$, we take the overlap of $J_{\pm} |j, m\rangle$ with itself:

$$\langle j, m | J_{\mp} J_{\pm} | j, m \rangle = |C_{\pm}(j, m)|^2$$

(we are assuming that the states $|j, m\rangle$ are already normalized).

$$\begin{aligned}
\text{Now, } & \langle j, m | J_{\mp} J_{\pm} | j, m \rangle \\
&= \langle j, m | (J_x \mp i J_y)(J_x \pm i J_y) | j, m \rangle \\
&= \langle j, m | J_x^2 + J_y^2 \mp i [J_y, J_x] | j, m \rangle \\
&= \langle j, m | J^2 - J_z^2 \mp J_z | j, m \rangle \\
&= j(j+1) - m^2 \mp m \\
\Rightarrow & C_{\pm}(j, m) = \sqrt{j(j+1) - m(m \pm 1)}
\end{aligned}$$

upto an irrelevant phase factor that we set to 1.

$$\Rightarrow J_{\pm} | j, m \rangle = \sqrt{j(j+1) - m(m \pm 1)} | j, m \pm 1 \rangle$$

Combined with $J_z | j, m \rangle = m | j, m \rangle$, we can now determine the matrix elements $\langle j, m' | J_x | j, m \rangle$, $\langle j, m' | J_y | j, m \rangle$, $\langle j, m' | J_z | j, m \rangle$.

$$\langle j, m | J_z | j, m \rangle = m \delta_{m, m'}$$

$$\langle j, m' | J_{\pm} | j, m \rangle = \sqrt{j(j+1) - m(m \pm 1)} \delta_{m', m \pm 1}$$

$\Rightarrow$

$$\langle j, m' | J_x | j, m \rangle$$

$$= \frac{1}{2} [\sqrt{j(j+1) - m(m+1)} \delta_{m', m+1} + \sqrt{j(j+1) - m(m-1)} \delta_{m', m-1}]$$

$$\langle j, m' | J_y | j, m \rangle$$

$$= \frac{1}{2i} [\sqrt{j(j+1) - m(m+1)} \delta_{m', m+1} - \sqrt{j(j+1) - m(m-1)} \delta_{m', m-1}]$$

For example, for $j = 1/2$: $J_i = \frac{\sigma_i}{2}$ [σ_i are the Pauli matrices]
while for $j=1$,

$$J_x = \frac{1}{2} \begin{bmatrix} 0 & \sqrt{2} & 0 \\ \sqrt{2} & 0 & \sqrt{2} \\ 0 & \sqrt{2} & 0 \end{bmatrix}, J_y = \frac{i}{2} \begin{bmatrix} 0 & -\sqrt{2} & 0 \\ \sqrt{2} & 0 & -\sqrt{2} \\ 0 & \sqrt{2} & 0 \end{bmatrix}$$

$$J_z = \begin{bmatrix} 1 & 0 & 0 \\ 0 & 0 & 0 \\ 0 & 0 & -1 \end{bmatrix}$$

as one may verify from the above derived general expressions.