

Scalar Vs Vector Operators

Vector operators transform like vectors under rotation :

$$\begin{aligned} \delta \vec{V} &= i \delta \theta [\hat{n} \cdot \vec{\hat{J}}, \vec{V}] \\ &= \delta \theta \vec{n} \times \vec{V}. \end{aligned}$$

$$\Rightarrow [\hat{V}_i, \hat{J}_j] = i \epsilon_{ijk} \hat{V}_k$$

Check that $\hat{x}$, $\hat{p}$, $\hat{J}$ are vector operators

We will now show that vector operators satisfy

$$\begin{aligned} & e^{i\theta \hat{J}_z} \hat{V}_x e^{-i\theta \hat{J}_z} \\ &= \hat{V}_x \cos \theta - \hat{V}_y \sin \theta. \\ & e^{i\theta \hat{J}_z} \hat{V}_y e^{-i\theta \hat{J}_z} \\ &= \hat{V}_y \cos \theta + \hat{V}_x \sin \theta. \end{aligned}$$

How to derive finite rotations from infinitesimal,

$$\hat{V}_x(\theta) = e^{i\theta \hat{J}_z} \hat{V}_x e^{-i\theta \hat{J}_z}$$

$$\frac{d\hat{V}_x(\theta)}{d\theta} = i e^{i\theta \hat{J}_z} [\hat{J}_z, \hat{V}_x] e^{-i\theta \hat{J}_z}$$

$$= -\hat{V}_y(\theta)$$

$$\frac{d\hat{V}_y(\theta)}{d\theta} = \hat{V}_x(\theta)$$

Note that these can also be thought of as Heisenberg's E.O.M. with $\theta = \text{time}$, and $\hat{J}_z = \text{Hamiltonian}$

$$\Rightarrow \frac{d^2 \hat{V}_x}{d\theta^2} + \hat{V}_x = 0, \quad \frac{d^2 \hat{V}_y}{d\theta^2} = \hat{V}_y$$

Solving these with the boundary condition

$$\hat{V}_x(\theta=0) = \hat{V}_x, \quad \hat{V}_y(\theta=0) = \hat{V}_y.$$

$$\frac{d\hat{V}_x}{d\theta}(\theta=0) = -\hat{V}_y, \quad \frac{d\hat{V}_y}{d\theta}(\theta=0) = \hat{V}_x$$

gives the above expression of $\hat{V}_x(\theta), \hat{V}_y(\theta)$.

In contrast to vector operators, scalar operators $\hat{S}$ transform trivially under rotations :

$$[\hat{S}, \hat{J}_i] = 0$$

An example is $\hat{S} = \sum_i \hat{V}_i \hat{V}_i \equiv \hat{V}_i \hat{V}_i$

where $\hat{V}_i$ is a vector operator [heuristically

$\hat{S}$ is the squared magnitude of $\vec{\hat{V}}$ and

hence does not change as $\vec{\hat{V}}$ is rotated.

Check: $[\hat{S}, \hat{J}_i]$

$$= [\hat{V}_k \hat{V}_k, \hat{J}_i]$$

$$= \hat{V}_k i \epsilon_{kij} \hat{V}_j + i \epsilon_{kij} \hat{V}_j \hat{V}_k$$

$$= -i \hat{V}_j \hat{V}_k \epsilon_{kij} + i \epsilon_{kij} \hat{V}_j \hat{V}_k$$

(recall that ϵ_{ijk} is fully antisym.)

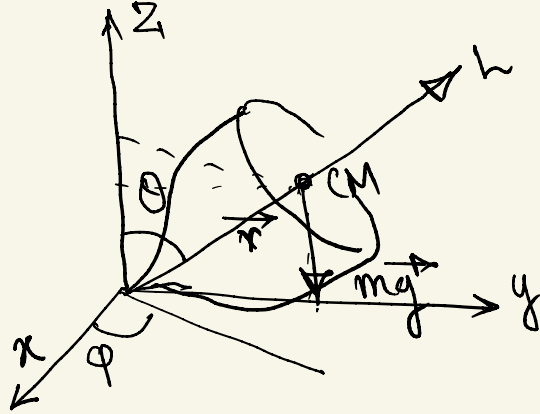
$$= 0$$

Precession of Angular Momentum

Let's recall the precession of a classical top.

$$H = \frac{L^2}{2I} + mgZ$$

(Z = z -coord.
of the center
of mass).



L_z is conserved since the torque is in the x - y plane $\Rightarrow \theta$ independent of time, only ϕ changes.

$$\begin{aligned} \frac{dL_x}{dt} &= (\vec{r} \times \vec{F})_x \\ &= -r_y mg \\ &= -r \sin(\theta) \sin(\phi) mg \end{aligned}$$

$$L_x = L \sin \theta \cos(\phi(t)), \quad L_y = L \sin \theta \sin(\phi(t))$$

$$-L \sin \theta \sin(\phi) \dot{\phi} = -mg \sin(\theta) r \sin(\phi)$$

$$\Rightarrow \dot{\phi} = \frac{mgr}{L}$$

$$h_z = h \cos(\theta)$$

$$\Rightarrow m g z = m g r \cos(\theta) \\ = \left(\frac{m g r}{L} \right) L_z$$

Therefore, one may write,

$$H = \frac{L^2}{2I} + \alpha L_z \quad \left[\alpha = \frac{m g r}{L} \text{ is } \underline{\text{time-independent}} \right]$$

$$\text{and } \dot{\Phi} = \alpha$$

$$\Rightarrow L_x(t) = L_x(t=0) \cos(\alpha t) - L_y(t=0) \sin(\alpha t)$$

$$L_y(t) = L_y(t=0) \cos(\alpha t) + L_x(t=0) \sin(\alpha t)$$

Quantum Mechanical top.

$$H = \frac{\hat{J}^2}{2I} + \vec{J} \cdot \vec{B}$$

One may chose $\vec{B}$ along the z-direction.

so that $H = \frac{\hat{J}^2}{2I} + \alpha J_z$ ($\alpha = |\vec{B}|$)

$$[J_z, H] = 0 \Rightarrow \hat{J}_z \text{ a constant of motion}$$

Heisenberg's eq. of motion:

$$\begin{cases} i \frac{dJ_k}{dt} = [J_k, H] \\ = [J_k, J_l B_l] \\ = i \epsilon_{klm} J_m B_l \\ \Rightarrow \frac{d\vec{J}}{dt} = \underbrace{\vec{B} \times \vec{J}}_{\text{torque}} \end{cases}$$

Using above discussion:

$$\hat{J}_x(t) = \hat{J}_x(0) \cos(\alpha t) - \hat{J}_y(0) \sin(\alpha t)$$

$$\hat{J}_y(t) = \hat{J}_y(0) \cos(\alpha t) + \hat{J}_x(0) \sin(\alpha t)$$

Derivation only relies on $\vec{J}$ being a vector operator i.e., $[J_i, J_j] = i \epsilon_{ijk} J_k$.

A specific way to get the above H :

Consider a quantum mechanical particle coupled to external, constant magnetic field.

$$\hat{H} = \frac{(\hat{\mathbf{p}} - e\hat{\mathbf{A}})^2}{2m} \quad \vec{A} = \frac{B}{2} (-y, x, 0)$$

$$= \frac{\hat{\mathbf{p}}^2}{2m} - \frac{e}{2m} (\hat{\mathbf{p}} \cdot \hat{\mathbf{A}} + \hat{\mathbf{A}} \cdot \hat{\mathbf{p}}) + \underbrace{\frac{e^2 \vec{A}^2}{2m}}_{\text{constant.}}$$

Since $\nabla \cdot \vec{A} = 0$ by gauge choice,

$$\vec{p} \cdot \vec{A} |\psi\rangle = -i \vec{\nabla} \cdot \vec{A} |\psi\rangle$$

$$= -i (\vec{\nabla} \cdot \vec{A}) |\psi\rangle - i \vec{A} \cdot \vec{\nabla} |\psi\rangle$$

$$= -i (\vec{A} \cdot \vec{\nabla}) |\psi\rangle = (\vec{A} \cdot \vec{p}) |\psi\rangle$$

$$\Rightarrow \hat{H} = \frac{\mathbf{p}^2}{2m} - \frac{e}{m} (\vec{A} \cdot \vec{p}) + \text{const.}$$

$$= \frac{\mathbf{p}^2}{2m} - \frac{e}{m} [A_x p_x + A_y p_y]$$

$$= \frac{\mathbf{p}^2}{2m} - \frac{e}{m} B L_z = \frac{\mathbf{p}^2}{2m} - \frac{e}{m} \vec{B} \cdot \vec{L}$$

In the above derivation for precession of the angular momentum, we only relied on the commutation relations $[J_i, J_j] = i\epsilon_{ijk} J_k$ and never had to write down an explicit form of $\vec{J}$ operators in a chosen basis.

As we will soon discuss, there exist an infinite number of possibilities for matrices that satisfy $[J_i, J_j] = i\epsilon_{ijk} J_k$

where each choice corresponds to a different sized matrix. Here are two possibilities,

- 2×2 : $J_i = \frac{\sigma_i}{2}$ where σ_i are Pauli matrices

- 3×3 : $L_x = \frac{1}{2} \begin{bmatrix} 0 & \sqrt{2} & 0 \\ \sqrt{2} & 0 & \sqrt{2} \\ 0 & \sqrt{2} & 0 \end{bmatrix}, L_y = \frac{i}{2} \begin{bmatrix} 0 & -\sqrt{2} & 0 \\ \sqrt{2} & 0 & -\sqrt{2} \\ 0 & \sqrt{2} & 0 \end{bmatrix}$

$$L_z = \begin{bmatrix} 1 & 0 & 0 \\ 0 & 0 & 0 \\ 0 & 0 & -1 \end{bmatrix}$$

(We will soon derive these)

Wave-fn approach to Precession

Let's specialize to 2×2 matrices, so that $\vec{\sigma} = \frac{\vec{\sigma}}{2}$ Pauli matrices

Above we considered the operator approach to precession, where to calculate $\langle \psi(0) | e^{iHt} \frac{\vec{\sigma}}{2} e^{-iHt} | \psi(0) \rangle$ we evaluated $\vec{\sigma}(t) = e^{iHt} \frac{\vec{\sigma}}{2} e^{-iHt}$. One can also

consider the Schrodinger's approach where we instead evaluate $|\psi(t)\rangle = e^{-iHt} |\psi(0)\rangle$

and calculate $\langle \psi(t) | \frac{\vec{\sigma}}{2} | \psi(t) \rangle$.

At $t=0$, let's say $\langle \sigma^z \rangle = \cos(\theta) \equiv n_z$

$$\langle \sigma^x \rangle = \sin(\theta) \cos(\phi) \equiv n_x, \quad \langle \sigma^y \rangle = \sin(\theta) \sin(\phi) \equiv n_y.$$

$$\text{i.e., } \langle \psi(0) | \vec{\sigma} | \psi(0) \rangle = \vec{n}$$

The corresponding state is the eigenvector of $\vec{\sigma} \cdot \hat{n}$ with eigenvalue ± 1 . One finds

$$|\psi\rangle \equiv |\hat{n}+\rangle = \begin{bmatrix} \cos(\theta/2) e^{-i\phi/2} \\ \sin(\theta/2) e^{i\phi/2} \end{bmatrix}$$

Check: $\vec{\sigma} \cdot \hat{n} | \hat{n}_+ \rangle$

$$= \begin{bmatrix} \cos\theta & \sin\theta e^{-i\varphi} \\ \sin\theta e^{i\varphi} & -\cos\theta \end{bmatrix} \begin{bmatrix} \cos(\theta/2) e^{-i\varphi/2} \\ \sin(\theta/2) e^{i\varphi/2} \end{bmatrix}$$

$$= \begin{bmatrix} \cos(\theta/2) e^{-i\varphi/2} \\ \sin(\theta/2) e^{i\varphi/2} \end{bmatrix} = | \hat{n}_+ \rangle$$

Similarly,

$$\langle \sigma_x \rangle = \langle \hat{n}_+ | \sigma_x | \hat{n}_+ \rangle$$

$$= \begin{bmatrix} \cos(\theta/2) e^{i\varphi/2} & \sin(\theta/2) e^{-i\varphi/2} \end{bmatrix} \begin{bmatrix} 0 & 1 \\ 1 & 0 \end{bmatrix} \begin{bmatrix} \cos(\theta/2) e^{-i\varphi/2} \\ \sin(\theta/2) e^{i\varphi/2} \end{bmatrix}$$
$$= \sin(\theta) \cos(\varphi) = n_x$$

Similarly $\langle \sigma_y \rangle = n_y$ and $\langle \sigma_z \rangle = n_z$.

Therefore $| \hat{n}_+ \rangle$ is indeed the correct initial state.

Now, we time evolve $|\hat{n}t\rangle$ with respect to $H = \alpha J_z = \frac{\alpha \sigma^z}{2}$

$$|\psi(t)\rangle = e^{-i\hat{H}t} |\psi(t=0)\rangle$$

$$= \begin{bmatrix} e^{-i\alpha t/2} & 0 \\ 0 & e^{i\alpha t/2} \end{bmatrix} \begin{bmatrix} \cos(\theta/2) e^{-i\varphi/2} \\ \sin(\theta/2) e^{i\varphi/2} \end{bmatrix}$$

$$= \begin{bmatrix} \cos(\theta/2) e^{-i[\varphi + \alpha t]/2} \\ \sin(\theta/2) e^{i[\varphi + \alpha t]/2} \end{bmatrix}$$

Therefore, under time-evolution, the

state corresponds to $\theta \rightarrow \theta$,

$\varphi \rightarrow \varphi + \alpha t$ i.e. $\langle \sigma^z \rangle$ remains

unchanged, while the vector

$(\langle \sigma^x \rangle, \langle \sigma^y \rangle)$ rotates at an angular velocity α exactly in agreement with the result in the operator (Heisenberg) picture.

Spin Resonance

As discussed above, if one applies a static field only along the z -axis, then the angular-momentum will precess around the z -axis. Therefore, if one goes to a new frame of reference that is rotating at the angular velocity corresponding to the precession about z -axis, then $\langle \vec{J} \rangle_{\text{rot-frame}}$ will be independent of time. This change of frame is implemented via a unitary transformation. To see this, if there is a static field only along the z -axis,

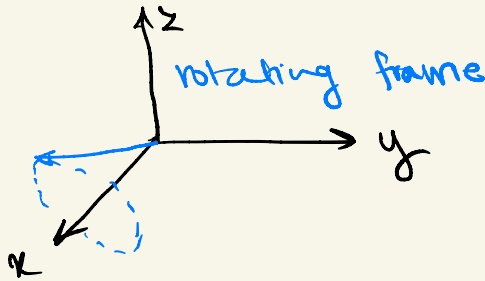
then
$$|\psi(t)\rangle_{\text{Lab}} = e^{-i L_z B_0 t} |\psi(0)\rangle_{\text{Lab}}$$

Let's define $|\psi(t)\rangle_{\text{rot-frame}} = \underbrace{e^{i L_z B_0 t}}_{\text{Unitary } U} |\psi(t)\rangle_{\text{Lab}}$

then
$$|\psi(t)\rangle_{\text{rot-frame}} = |\psi(0)\rangle_{\text{Lab}} = \text{independent of time}$$

Therefore, in the rotating frame, there is no magnetic field along the Z-direction (in fact, the Hamiltonian is exactly zero in the rotating frame).

Now, let's apply a field B_1 along X-direction in the rotating frame. Based on our discussion of precession, one now expects that in the rotating frame, the angular momentum will precess around the X-axis.



$$\Rightarrow H_{\text{rot}} = J_x B_1.$$

To find the Hamiltonian in the lab-frame, we write down the

Schrodinger's equation in the lab frame:

$$i \frac{d|\psi\rangle_{\text{lab}}(t)}{dt} = i \frac{d}{dt} [U^{-1}(t) |\psi\rangle_{\text{rot}}(t)]$$

where $U(t) = e^{i \hat{J}_z B_0 t}$ as defined above.

$$\Rightarrow i \frac{d|\psi\rangle_{\text{lab}}(t)}{dt} = i \left(\frac{dU^{-1}(t)}{dt} \right) |\psi\rangle_{\text{rot}} + i U^{-1}(t) \left(\frac{d|\psi\rangle_{\text{rot}}}{dt} \right)$$

By definition $i \frac{d|\psi\rangle_{\text{rot}}}{dt} = H_{\text{rot}} |\psi\rangle_{\text{rot}} = \hat{J}_x B_1 |\psi\rangle_{\text{rot}}$

$$\Rightarrow i \frac{d|\psi\rangle_{\text{lab}}(t)}{dt} = i \frac{dU^{-1}(t)}{dt} U(t) |\psi\rangle_{\text{lab}} + U^{-1}(t) \hat{J}_x B_1 U |\psi\rangle_{\text{lab}}$$

$$\Rightarrow H_{\text{lab}}(t) = i \frac{dU^{-1}}{dt} U + B_1 U^{-1} \hat{J}_x U$$

$$= i - i \hat{J}_z B_0 + B_1 e^{-i \hat{J}_z B_0 t} \hat{J}_x e^{i \hat{J}_z B_0 t}$$

$$= B_0 \hat{J}_z + B_1 \hat{J}_x \cos(B_0 t) + B_1 \hat{J}_y \sin(B_0 t)$$

Therefore, we conclude that if one applies a time-dependent field $B(t) = (B_1 \cos(B_0 t), B_1 \sin(B_0 t), B_0)$, in the lab frame, then

in the rotating frame, the angular momentum will precess along x-axis

In the lab frame, $\langle \hat{J}_z \rangle$ would oscillate at frequency B_0 . For example, if at $t=0$, $\langle \hat{J}_z \rangle = m$, then at time $T = \frac{\pi}{B_0}$, $\langle \hat{J}_z \rangle = -m$.

From an experimental standpoint, applying the above time-dependent field that oscillates both along the x and the y axis is a bit inconvenient. It's easier to apply a field that in the lab frame oscillates only along the x -direction in addition to a static component along the z -direction. For example,

$$\vec{B}_{\text{lab}} = (2B_1 \cos(\omega t), 0, B_0),$$

where ω is some frequency.

We will now show that when

$B_1 \ll B_0$, and $\omega \approx B_0$, then

such a field produces an effect quite similar to the one discussed above.

We will see below that the amplitude of oscillation in $\langle \hat{J}_z \rangle_{\text{lab}} = \langle \hat{J}_z \rangle_{\text{rot}}$ will be maximum, when $\omega = B_0$.

This has practical implications:

Suppose one has a material in their lab in which there exists an unknown magnetic field $B_0 \hat{z}$. By applying an oscillating field along the x -direction, and by maximizing $\langle \hat{J}_z \rangle$, one can deduce B_0 .

To find $\langle \hat{J}_z \rangle$, let's write down the Schrodinger's eqn in the lab:

$$i \frac{d|\psi\rangle_{\text{lab}}}{dt} = \left[B_0 \hat{L}_z + 2B_1 \cos(\omega t) \hat{L}_x \right] |\psi\rangle_{\text{lab}}$$

Let's define $|\psi\rangle_{\text{rot}} = e^{i\omega t \hat{L}_z} |\psi\rangle_{\text{lab}}$.

$$\Rightarrow i \frac{d|\psi_{\text{rot}}\rangle}{dt} =$$

$$- \omega \hat{L}_z e^{i\omega t \hat{L}_z} |\psi\rangle_{\text{lab}}$$

$$+ e^{i\omega t \hat{L}_z} (B_0 \hat{L}_z + 2B_1 \cos(\omega t) \hat{L}_x) |\psi\rangle_{\text{lab}}$$

$$= -\omega \hat{L}_z |\psi_{\text{rot}}\rangle + B_0 \hat{L}_z |\psi_{\text{rot}}\rangle + 2B_1 e^{i\omega t \hat{L}_z} \hat{L}_x e^{-i\omega t \hat{L}_z} \cos(\omega t) |\psi_{\text{rot}}\rangle$$

The second term contains the factor $\cos(\omega t) e^{i\omega t \hat{L}_z} \hat{L}_x e^{-i\omega t \hat{L}_z}$

$$= \cos(\omega t) [\hat{L}_x \cos(\omega t) - \hat{L}_y \sin(\omega t)]$$

$$= \frac{\hat{L}_x [1 + \cos(2\omega t)]}{2} - \hat{L}_y \frac{\sin(2\omega t)}{2}$$

We will be interested in the case when $\omega \simeq B_0 \gg B_1$. Therefore, the terms such as $\cos(2\omega t)$ and $\sin(2\omega t)$ average out to zero on time-scale of order B_1^{-1} and one may approximate

$$\cos(\omega t) [\hat{L}_x \cos(\omega t) - \hat{L}_y \sin(\omega t)] \simeq \frac{\hat{L}_x}{2} = \text{time-independent.}$$

This is called '**rotating-wave approximation**'. Physically, in the lab frame, $\vec{B} = (2B_1 \cos(\omega t), 0, B_0)$
 $= (B_1 \cos(\omega t), B_1 \sin(\omega t), B_0)$
 $+ (B_1 \cos(\omega t), -B_1 \sin(\omega t), 0)$

When $\omega = B_0$, the first term in

this expression is precisely the term that leads to field only along x -direction in the rotating frame.

The second term corresponds to a field that is rotating at the opposite frequency $-\omega \cong -\omega_0$ and doesn't change the physics much.

Completely neglecting the second term then reproduces the effect of a field along x -direction in the rotating frame.

Therefore, in the rotating wave approximation,

$$\frac{i d|\psi_{\text{rot}}\rangle}{dt} = [(\omega_0 - \omega)\hat{L}_z + \omega_1 \hat{L}_x]|\psi_{\text{rot}}\rangle$$

$\equiv$ independent of time.

$$\Rightarrow |\psi_{\text{rot}}(t)\rangle$$

$$= e^{-i[(B_0 - \omega)\hat{L}_z + B_1 \hat{L}_x]t} |\psi_{\text{rot}}(t=0)\rangle$$

$$\Rightarrow |\psi_{\text{lab}}(t)\rangle = e^{-i\omega t \hat{L}_z} |\psi_{\text{rot}}(t)\rangle$$

$$= e^{-i\omega t \hat{L}_z} e^{-i[(B_0 - \omega)\hat{L}_z + B_1 \hat{L}_x]t} |\psi_{\text{lab}}(t=0)\rangle$$

Let's specialize to spin-1/2 system,

so that $\hat{L}_z = \frac{\hat{Z}}{2}$, $\hat{L}_x = \frac{\hat{X}}{2}$ where

$\hat{X}, \hat{Z}$ are Pauli operators,

$$\Rightarrow |\psi_{\text{lab}}(t)\rangle = e^{-i\omega t \frac{\hat{Z}}{2}} e^{-i\left[\frac{\hat{Z}}{2}(B_0 - \omega) + B_1 \frac{\hat{X}}{2}\right]t} |\psi_{\text{lab}}(t=0)\rangle$$

$$= e^{-i\omega t \frac{\hat{Z}}{2}} e^{-i B_{\text{eff}} \left[\frac{\vec{\sigma}}{2} \cdot \hat{n} \right]} |\psi_{\text{lab}}(t=0)\rangle$$

where $B_{\text{eff}} = \sqrt{(B_0 - \omega)^2 + B_1^2}$, $\vec{\sigma} = (\hat{X}, \hat{Y}, \hat{Z})$

and $\hat{n} = \left(\frac{B_1}{B_{\text{eff}}}, 0, \frac{B_0 - \omega}{B_{\text{eff}}} \right)$ is a unit vector.

Let's assume that at time $t \geq 0$, the state is $|0\rangle$ i.e. the spin points up. (recall $\hat{z}|0\rangle = |0\rangle$), let's find the probability for the spin to point down at time t :

$$\begin{aligned} \text{prob.}(t, \downarrow) &= |\langle 1 | \psi(t) \rangle|^2 \\ &= \left| \langle 1 | \cos\left(\frac{B_{\text{eff}} t}{2}\right) - i \vec{\sigma} \cdot \hat{n} \sin\left(\frac{B_{\text{eff}} t}{2}\right) | 0 \rangle \right|^2 \\ &= \left(\frac{B_1}{B_{\text{eff}}} \right)^2 \sin^2\left(\frac{B_{\text{eff}} t}{2}\right) \end{aligned}$$

